

## Care & Support Alliance Outcomes

CARE &  
SUPPORT  
ALLIANCE

If you need help  
reading this

Ask someone who  
supports you



You can



ask



for help



to read this

What is social  
care?

Social care helps  
you live your life



Social



care



support

**Who is adult social care for?**

- Disabled people
- Unpaid carers
- Older people



**Disabled people**



**Unpaid carers**



**Older people**

**It can be help at home**

- Washing, dressing and medicine
- Help with cleaning and cooking



**Help**

**at**



**home**

**It can be help in the community**

- **Support can help you go out**
- **You can see friends**
- **You can go to work or activities**



**Support**

**in the**



**community**

**It can be living with support**

- **Some people live in a care home**
- **Some people live in supported living**
- **Support workers are there to help every day**



**Care**

**in**



**residential**



**home**

**The Care and Support Alliance is a group of charities campaigning together**



**Campaigning**



**together**

**There are 9 things they want adult social care to be like in England**

**9**



**goals**

**for**



**social**



**care**

**1. Good care and support for everyone**



**Live**

**best**



**life**

**Stay**

**independent**



## 2. You have choice and control

- You should make your own decisions
- You should choose your support



Choose

your



support

## 3. Your rights matter



Your

right

to



support

4. People understand how important social care workers are



Care workers

are



trained



Care workers

get

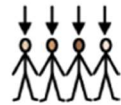


good



pay

5. There is enough money to pay for care



Everyone

gets the



help



they



need

6. Support for unpaid carers



Unpaid

carers

get



support

+

and








help

**7. Technology that helps**

   
**Technology to support**

**8. Social care and the NHS work together**

      
**Social care and NHS work together**

**9. Information is  
easy to  
understand**

**And there is help  
to understand it**



**Information is easy to understand and**



**there is help to understand it**

